## **VEHICLE SEAT**

## ABSTRACT OF THE DISCLOSURE

A vehicle seat includes a lower seat portion and a back portion. The lower seat portion and the back portion are formed from at least one panel by a method selected from the group consisting of quick plastic forming, superplastic forming and sheet hydroforming. The lower seat portion and the back portion are cooperatively configured to form a seat frame. Preferably, the lower seat portion includes a lower seat bottom panel portion and a matable lower seat top panel portion and the back portion includes a back bottom panel portion and a matable back top panel portion. The lower seat bottom panel portion, lower seat top panel portion, back bottom panel portion, and back top panel portion are preferably formed from a unitary, one-piece panel.

A method of manufacturing a vehicle seat is provided.